

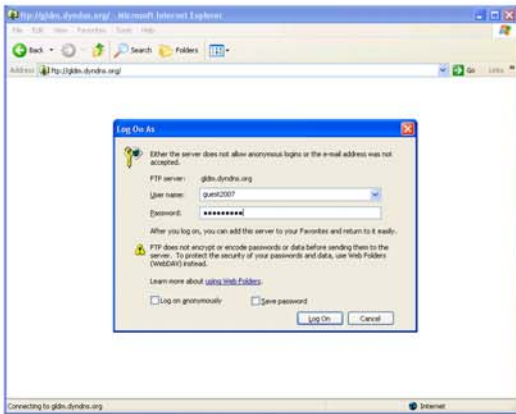
UPLOADING TO THE FTP

UPLOADING FILES BY FTP

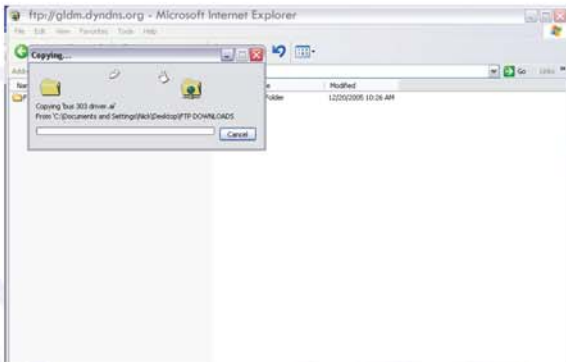
Any files over 5MB we recommend uploading onto our FTP site. Files can be uploaded on to our FTP site using both PC and MAC. Please refer to the following on how to upload your files onto our FTP.

For Windows XP users:

1. Connect to the internet
2. Launch "My Computer"
3. In the Address Bar type:
<ftp://ftp.analogfree.com>



4. Enter the Username: **MyVideo2010** (case-sensitive)
5. Enter the Password: **MyVideo2010** (case-sensitive)
6. Click the "Log On" button.
7. Locate the file on your computer you would like to upload to us.
8. To begin uploading the file you can:
 - a. Cut and Paste the file into the FTP window
 - b. Drag and Drop the file into the FTP window
9. Files will now begin to upload. Do not close the FTP window until upload is complete



For Mac OS X users:

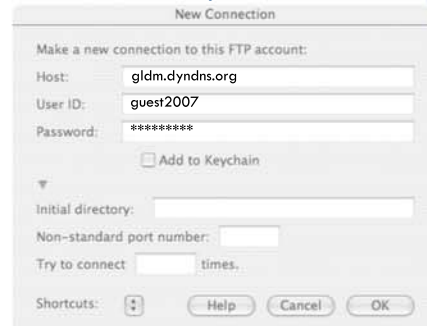
Macintosh users require the use of a third party software to connect onto our FTP site. We recommend using FETCH. A free trial version of fetch is available on the web at www.tucows.com

1. Connect to the internet
2. Launch FETCH
3. File -> New Connection
4. Fill out the information accordingly, and click OK

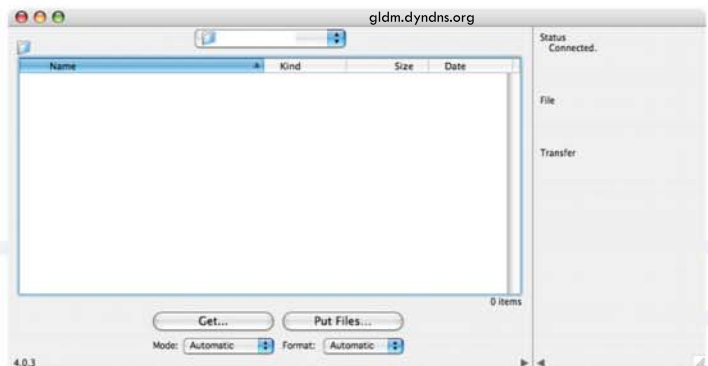
Host: ftp.analogfree.com

User ID: **MyVideo2010** (case-sensitive)

Password: **MyVideo2010** (case-sensitive)



5. Click on "Put Files"



6. Locate the file(s) you would like to upload and Click OK
7. Files will now begin to upload. Do not close program until upload is complete